

In 2016, the Washington Poison Center (WAPC) managed 62,498 calls, over 171 calls per day.

There were 55,224 human poison exposures, with children six and younger accounting for almost 51% of all poison exposure cases. Human exposures with more serious outcomes (moderate, major, or death) accounted for 6.17 % of all exposures. There were over 7274 information calls.

Over 80 % of poisonings were unintentional; 15 % were intentional, with suicidal intent suspected in 9.9 % of all cases. Of the 7,856 medication errors, almost 12% were in children under 2 years old and over 25% were in adults over 65 years.

Top Ten Categories

	ALL Ages	Adults >= 20 years	Older Adults >= 65 years
1	Analgesics	Analgesics	Cardiovascular Drugs
2	Cosmetics/Personal Care Products	Sedative/Hypnotics/Antipsychotics	Analgesics
3	Cleaning Substances (Household)	Antidepressants	Hormones and Hormone Antagonists
4	Antidepressants	Cardiovascular Drugs	Cleaning Substances (Household)
5	Sedative/Hypnotics/Antipsychotics	Cleaning Substances (Household)	Antidepressants
6	Foreign Bodies/Toys/Miscellaneous	Alcohol	Sedative/Hypnotics/Antipsychotics
7	Cardiovascular Drugs	Anticonvulsants	Cosmetics/Personal Care Products
8	Antihistamines	Pesticides	Miscellaneous Drugs
9	Topical Preparations	Stimulants and Street Drugs	Antimicrobials
10	Plants	Hormones and Hormone Antagonists	Anticonvulsants
	Teens 13-19 years	Children 6-12 years	Children 0-5 years
1	Analgesics	Foreign Bodies/Toys/Miscellaneous	Cosmetics/Personal Care Products
2	Antidepressants	Plants	Cleaning Substances (Household)
3	Antihistamines	Cosmetics/Personal Care Products	Analgesics
4	Sedative/Hypnotics/Antipsychotics	Analgesics	Foreign Bodies/Toys/Miscellaneous
5	Cold and Cough Preparations	Antihistamines	Topical Preparations
6	Stimulants and Street Drugs	Vitamins	Vitamins
7	Cleaning Substances (Household)	Cleaning Substances (Household)	Plants
8	Alcohols	Stimulants and Street Drugs	Dietary Supplements/Herbals/Homeopathic
9	Anticonvulsants	Cold and Cough Preparations	Antihistamines
10	Cosmetics/Personal Care Products	Cardiovascular Drugs	Gastrointestinal Preparations

Top Ten Substances

	ALL Ages	Adults >= 20 Years	Older Adults >= 65 years
1	Ibuprofen	Beverage Alcohol	Beta Blockers (Blood Pressure medication)
2	Beverage Alcohol	Benzodiazepine	Calcium Antagonist (Blood Pressure medication)
3	Non-Sedating Antihistamines	Atypical Antipsychotic	Antihyperlipidemic
4	Benzodiazepine	Beta Blockers (Blood Pressure medication)	Other Miscellaneous Drugs
5	Atypical Antipsychotic	Acetaminophen (adult formulation)	Antibiotics, Systemic
6	Acetaminophen (adult formulation)	Household Bleach	ACE inhibitor (Blood Pressure medication)
7	Household Bleach	Non-Sedating Antihistamines	Spiriva
8	Antibiotics, Systemic	Gabapentin	Acetaminophen (adult formulation)
9	Melatonin	Ibuprofen	Angiotensin Receptor Blocker (Blood Pressure medication)
10	Miscellaneous Foreign Bodies	Antibiotics, Systemic	Insulin
	Teens 13-19 Years	Children 6-12 Years	Children 0-5 Years
1	Ibuprofen	Glow Product	Ibuprofen
2	Acetaminophen (adult formulation)	Non-Sedating Antihistamines	Diaper Care/Rash Product
3	Sertraline	Children's Vitamins without Iron	Acetaminophen (pediatric formulation)
4	Non-Sedating Antihistamines	Unknown Nondrug Substances	Melatonin
5	Fluoxetine	Unknown Plants	Cream/Lotion/Make-Up
6	Beverage Alcohol	Ibuprofen	Non-Sedating Antihistamines
7	Atypical Antipsychotic	Methylphenidate	Toothpaste with Fluoride
8	Benzodiazepine	Miscellaneous Foreign Body	Miscellaneous Foreign Bodies
9	Diphenhydramine	Melatonin	Hand Sanitizer with Alcohol
10	Naproxen	Acetaminophen (pediatric formulation)	Children's Vitamins without Iron

Please see our Annual Toxic Trends reports for information on Marijuana, Opioids, and E-Cigarettes.